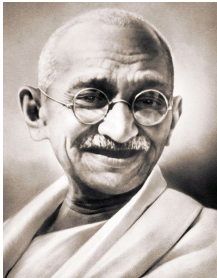


Our Growth Mindset value for January... **Perseverance**

Perseverance is... Not giving up.

Perseverance is... Having a go – even if it's hard.

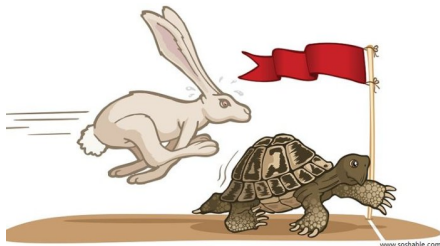
Perseverance is... Trying again when you don't succeed.



"Your beliefs become your thoughts,
your thoughts become your words,
your words become your actions,
your actions become your habits,
your habits become your values,
your values become your destiny."

Mahatma Gandhi

"Blessed is the one who perseveres under trial because, having stood the test,
that person will receive the crown of life that the Lord has promised
to those who love him." James 1:12



We began this month's focus with an assembly where we shared the story of the tortoise and the hare. We also shared a video clip of Derek Redmond who was determined to finish his 400m race, despite a hamstring injury. In the Year 6 classroom, we discussed the attitude of Nick Vujicic, who was born with no arms and no legs.

During the assembly the children were told that success comes from determination and hard work and that it isn't always the 'smartest' children who succeed.



In the classroom, children will be focusing on strategies to help them when learning becomes difficult. Classroom displays remind the children that a 'fixed mindset' can affect their progress.

Staff will use positive language in their teaching and children will be taught that mistakes are positive – they help us to move forward.

Do you encourage your child to have a growth mindset?

Try this –

<https://www.mindsetkit.org/growth-mindset-parents>

INSTEAD OF.....	TRY THINKING....
I'm not good at this	What am I missing?
I give up	I'll use a different strategy
It's good enough	Is this really my best work?
I can't make this any better	I can always improve
This is too hard	This may take some time
I made a mistake	Mistakes help me to learn
I just can't do this	I am going to train my brain
I'll never be that smart	I will learn how to do this
Plan A didn't work	There's always Plan B
My friend can do it	I will learn from them

GROWTH mindset

HOW YOU CAN HELP YOUR CHILD

