



**Ruth Miskin  
Training**



***Read Write Inc. Phonics*  
Parents' Information  
Set 1 Sounds**

# Reading changes everything

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Teach a child to read and keep that child reading and we will change everything.

**And I mean everything.**

*Jeanette Winterson*

# What is phonics?

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All words are made up of individual sounds. These sounds are merged together to form words.

e.g. in 'mat' we have the sounds 'm', 'a', 't', ship – 'sh', 'i', 'p'.

A grapheme is another name for the letters we use to write the sound. The spelling of that sound on the page.

Phonics is the method of teaching reading through the identification of sounds and graphemes.

The new National Curriculum ensures that all children are taught Phonics systematically.

This gives your children the tools to read any word.

# English alphabetic code

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- There are 44 sounds
- There are 26 letters
- Over 150+ graphemes (letter combinations)

We have one of the most complex alphabetic codes in the world!

# Speed Sounds Set 1

## Consonant sounds – stretchy

|   |   |   |   |   |   |   |   |    |    |    |
|---|---|---|---|---|---|---|---|----|----|----|
| f | l | m | n | r | s | v | z | sh | th | ng |
|   |   |   |   |   |   |   |   |    |    | nk |

## Consonant sounds – bouncy

|   |   |   |   |   |   |   |    |   |   |   |   |    |
|---|---|---|---|---|---|---|----|---|---|---|---|----|
| b | c | d | g | h | j | p | qu | t | w | x | y | ch |
|   | k |   |   |   |   |   |    |   |   |   |   |    |

## Vowel sounds – bouncy

|   |   |   |   |   |
|---|---|---|---|---|
| a | e | i | o | u |
|---|---|---|---|---|

## Vowel sounds – stretchy

|    |    |     |    |
|----|----|-----|----|
| ay | ee | igh | ow |
|----|----|-----|----|

## Vowel sounds – stretchy

|    |    |    |    |     |    |    |    |
|----|----|----|----|-----|----|----|----|
| oo | oo | ar | or | air | ir | ou | oy |
|----|----|----|----|-----|----|----|----|

# Pure Sounds ([ruthmiskin.com](http://ruthmiskin.com))

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You can watch a video of 'Sylvie' on the Ruth Miskin website ([ruthmiskin.com](http://ruthmiskin.com)) to practise using pure sounds.

# Name the pictures

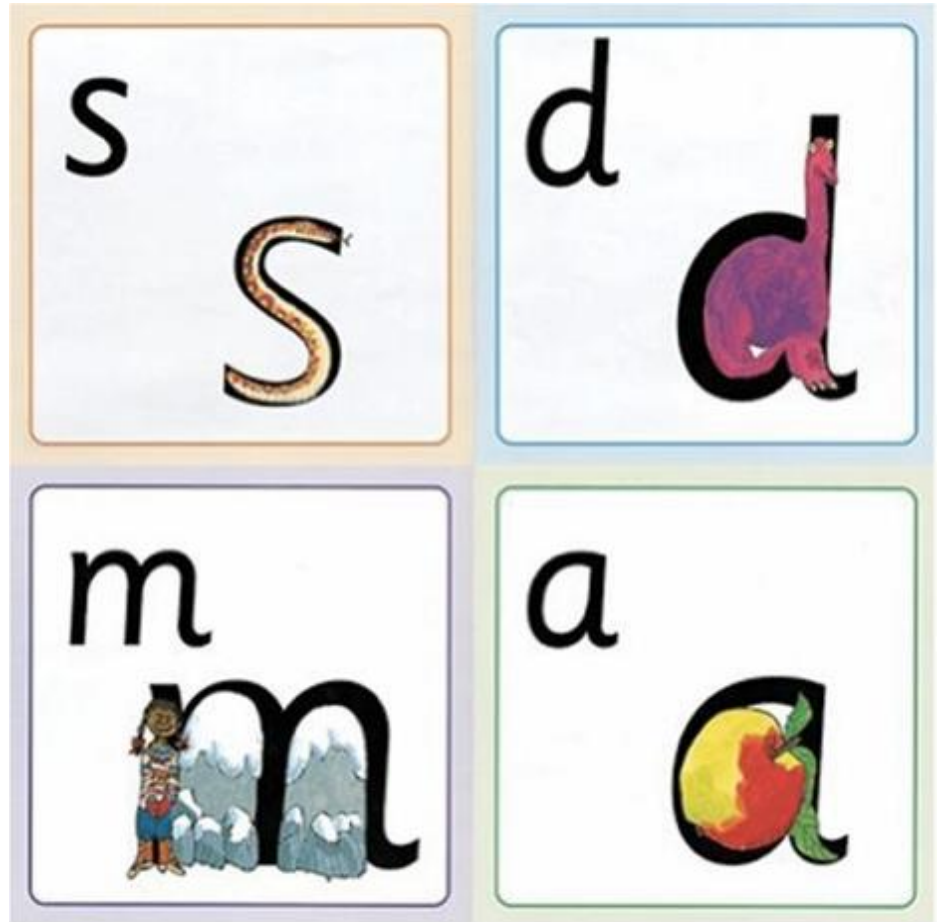
We give children a hook to learn the sounds by using pictures in the same shape as the letter.

's' looks like a snake.

'd' looks like a dinosaur.

'm' looks like a mountain.

'a' looks like an apple.



# Teaching letter formation

## Handwriting phrases for helping your child to form letters

This works best if your child practises for a short time every day.



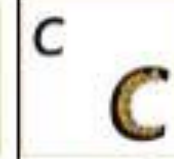













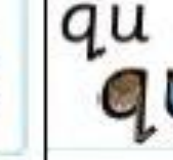
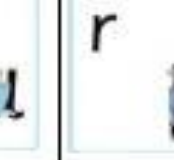


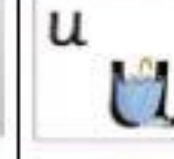




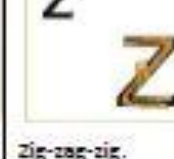
1. Show the picture side and air-write as you say the phrase.
2. Ask your child to practise in the air with you.
3. Using a sharp pencil and sat at a table, encourage your child to have a go.
4. Praise your child for their efforts.

m Maisie, mountain, mountain  
a round the apple, down the leaf  
s slither down the snake  
d round his bottom, up his tall neck and down to his feet  
t down the tower, across the tower  
i down the body, dot for the head  
n down Nobby, over his net  
p down the plait and over the pirate's face  
g round her face, down her hair and give her a curl



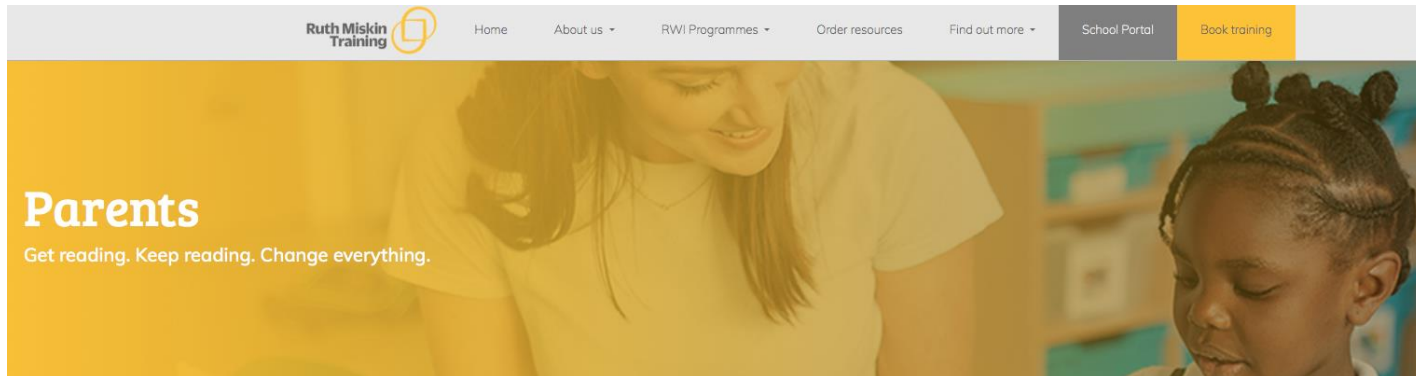


The Set 1 sounds and their handwriting phrase...

|   |   |  |  |   |   |
|---|---|--|--|---|---|
| <p>a </p> <p>Around the apple and down the leaf.</p>                        | <p>b </p> <p>Down the laces to the heel and around the toe.</p>   | <p>c </p> <p>Curl around the caterpillar.</p>                         | <p>d </p> <p>Around the dinosaurs bottom, up his tall neck &amp; down to his toes.</p> | <p>e </p> <p>Lift off the top and scoop out the egg.</p>                          | <p>f </p> <p>Down the stem and draw the leaves.</p>             |
| <p>g </p> <p>Around the girls face, down her hair and give her a curl.</p> | <p>h </p> <p>Down the head, to his hooves and over his back.</p> | <p>i </p> <p>Down the body and dot for the head.</p>                 | <p>j </p> <p>Down his body, curl, dot for his head.</p>                               | <p>k </p> <p>Down the kangaroo's body tail and leg.</p>                          | <p>l </p> <p>Down the long leg.</p>                            |
| <p>m </p> <p>Down Maisie, mountain, mountain.</p>                          | <p>n </p> <p>Down Nobby and over his net.</p>                    | <p>o </p> <p>All around the orange.</p>                              | <p>p </p> <p>Down the pirates plait and around his face.</p>                          | <p>qu </p> <p>Round her head, up past her earring, down her hair, and flick.</p> | <p>r </p> <p>Down the robots back and curl over his arm.</p>   |
| <p>s </p> <p>Slither down the snake.</p>                                  | <p>t </p> <p>Down the tower, across the tower.</p>              | <p>u </p> <p>Down and under, up to the top and draw the puddle.</p> | <p>v </p> <p>Down a wing, up a wing.</p>   | <p>w </p> <p>Down, up, down, up.</p>  | <p>x </p> <p>Down the arm and leg, repeat the other side.</p> |
| <p>y </p> <p>Down a horn, up a horn and under head.</p>                  | <p>z </p> <p>Zig-zag-zig.</p>                                  |  |  |   |   |



# Free Video Tutorials (ruthmiskin.com)

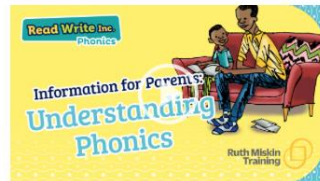


## ***Read Write Inc. Phonics – information for parents***

Our films show how we teach children to read and write with Read Write Inc. Phonics.

If your child is in a Read Write Inc. school or if you have bought a parent pack, the films will help you and your child practise together at home.

If you have a question for us, please get in touch via our [Facebook](#) and [Twitter](#) pages.



# What can I do?

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1. Use pure sounds, not letter names
2. Teach the picture names
3. Practise reading sounds speedily -  
‘review, review, review’
4. Use the handwriting phrases for writing only

## Online resources available

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Ruth Miskin Parents' Page:

<http://www.ruthmiskin.com/en/parents/>

Ruth Miskin Facebook:

<https://www.facebook.com/miskin.education>

Free e-books for home reading:

<http://www.oxfordowl.co.uk/Reading/>